

Girls on the Run is more than a running program!



- Girls have fun making connections and meeting new friends
- Girls get outside, set goals and move more!
- Girls learn intentional decision making, how to use their voice and become confident leaders!

What to expect:

- 16 interactive lessons with trained coaches
- Small groups for safety
- Personal kits with materials for the season including a branded shirt, water bottle, reusable mask, activity journal
- Entry into the Celebratory 5K and a commemorative finisher's medal and more!



Join us!

Team Name: Spence Farm Stand-Woburn

Registration Opens: Now!

Girls in Grades: 3rd - 5th

Program Days: Wednesday/Sunday 3:30pm - 5pm

Program Starts: Sunday, September 19th

Program Location: Spence Farm Stand 41 Wyman St

Zoom/In-Person/Hybrid: In-Person

Program Fee: \$225

Financial Assistance is Available

Contact: Michaela Quigley

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Register today at

girlsontherunboston.org/register-now